



## BodyBilt Adjustment Features

**Seat Tilt Adjuster (front lever)**—From a seated position, lift the lever and move the seat to the desired angle. Push the lever back down to lock the seat into place.

**Seat Height Adjuster (middle lever)**—The pneumatic cylinder features a 5.5" range. Get out of the chair and lift the lever to raise the seat. Sit in the chair and lift the lever to lower the seat.

**Backrest Angle Adjuster (rear lever)**—This allows you to infinitely adjust the angle of the backrest in relation to the seat. Lift the lever, lean back on the backrest and release the lever to lock the back into place.

**Backrest Height Adjuster (no lever or button)**—Simply lift up on the entire backrest and "click" it into position. Raise the backrest all the way up and it automatically drops back to the lowest position.

**Arm Pad Adjuster (cam lever on the arm bracket)**—While lifting the oval trigger (located just under the arm pad) with finger or thumb, lift the entire upper armrest assembly to a height that will support your arm at rest without pushing your shoulders up. There are ten heights (click-stops) to choose from.

**Armrest Width Adjuster (knob under each side of the seat)**—To move the entire arm bracket closer to or farther from the sides of the seat, loosen the knob under the seat at the point where the armrest is attached to the chair. Slide the armrest in or out to the desired position, and tighten it to lock the arm bracket into place.

**Seat Tilt Tension Adjuster (knob under the front of the seat)**—This adjusts the degree of resistance experienced when the seat tilt is in the free-floating position. Tilt the seat completely forward and lock the seat tilt into position. Turn the knob counter-clockwise to loosen, or clockwise to tighten.

**Backrest Depth Adjuster (knob at the back of the chair)**—This feature allows you to extend the backrest closer to, or farther from, the seat. Kneel behind the chair and turn the knob counterclockwise to loosen. Slide the entire backrest to the desired position, and turn the knob clockwise to tighten.



SEAT TILT



BACKREST ANGLE



ARMREST HEIGHT



SEAT HEIGHT